2020 Helen Schaible International Sonnet Contest

CATEGORIES:

#1 Traditional Sonnet – Shakespearean or Petrarchan

#2 Modern Sonnet (see on back for a definition of a Modern Sonnet)

Open to All. Free. Enter only one poem in either Category #1 or #2, or both. The entries must be original and unpublished. Poets can only win in one category.

PRIZES for BOTH CATEGORIES: First Prize: $50. Second Prize: $35. Third Prize: $15. Three Honorable Mentions, Unranked.

No judges are affiliated with Poets & Patrons. All judges' decisions are final.

There is no fee. Winners will be notified by late October, 2020. The poet keeps all rights. No entries will be returned. A list of winners will be posted on the Poets & Patrons website, www.poetsandpatrons.net.

All rules printed here. Rules do not change from year to year, but the chairperson may, so check the rules on our website at www.poetsandpatrons.net.

Two ways to enter: 1) E-mail your poems (preferred method)

2) Send by U.S. Mail.

To Email Your Poems: Send one email to the following address, using the words “sonnet contest” and your last name in the subject line. In the body of your email, include your name, address, and phone number. Then list the title(s) of your sonnet(s), noting if each is traditional or modern. Finally, attach each sonnet
separately to the email as a Word doc, using “traditional” or “modern” as the subject for each. On each poem attached, note the category in the upper right corner. DO NOT put your name or any other identification on the poems. Send by midnight, Sept. 1, 2020, to: kate28.hutchinson@gmail.com. Email Kate if you have any questions.

**To Mail Your Poems:** Submit 2 copies per category, typed, double-spaced, on standard 8 ½ x 11 paper with name, e-mail, telephone number and address on one copy in the upper left corner. Put no ID on the second copy. Specify which category (#1 or #2) and which sonnet type (traditional or modern) on both copies in the upper right corner.

Mail entries, postmarked by September 1, 2020, to Kate Hutchinson, Helen Schaible Contest Chair, 223 W. Golfview Ter., Palatine, IL 60067, USA.

**Some Thoughts on Defining a Modern Sonnet:**

Modern sonnets are poems that violate one or more of the rules of traditional sonnets, but still contain what the Poetry Foundation website refers to as a “ghost” of the sonnet form. They may or may not be rhymed, and may experiment with various meters or not use a regular meter at all. Usually they are fourteen lines, but that is not always so. Rules about subject matter are also looser than in the more traditional sonnets. If you have questions, check the following web pages for examples:

[www.poetryfoundation.org](http://www.poetryfoundation.org) (search on “sonnet”)

[www.litcharts.com](http://www.litcharts.com) (click on “Literary Terms,” then on “s” and “sonnet”)

[http://www.aplithelp.com](http://www.aplithelp.com) (search on teaching sonnets; or click on the picture when it comes up and scroll down to the line to Annie Finch’s article, “Chaos in Fourteen Lines.” If you google “sonnet variations – writing.com,” you can find a long list of different kinds of sonnets.

[http://swandance.blog.sohu.com/159263134.html](http://swandance.blog.sohu.com/159263134.html) (This web page provides a long list of sonnet variations.)